

EXPLORING THE WORLD THROUGH BRAIN BUILDING

ADVENTURES

NATURE



Tip

3-5
YEARS

Seasonal Stroll

Walking somewhere today? Talk to your child about the seasons. Is it cold or warm? What clues do you see that tell you what season it is? Snow? Flowers? Colorful leaves?

Brainy Background™

Games like these help your child to think like a scientist because they're observing the world around them. Turn it into a conversation, building on what they say and observe.

Tip

1-3
YEARS

Signs Everywhere

When you go on an outing with your child, make it a habit to point out the different street signs, letters, and words that you see on your way. Share back and forth conversations with them, like, “**There is the sign with the picture of the bus. That’s where we wait to ride the bus. What do you see?**”

Brainy Background™

Your child learns about what is important by watching and talking with you. When you point out the signs around you, you’re helping your child make sense of the world while also encouraging them to make connections between symbols and their meaning. This is a big part of learning how to read.

TRAVEL



Tip

0-12
MONTHS

Baby Vision

What is your child looking at when you’re in the park? Point to where they’re looking and talk to them about what they might see. “**There are sunbeams shining through the tree branches.**” If they move their head, talk about the new thing they’re looking at.

Brainy Background™

Looking for clues as to what interests your child will help you offer them more interesting things to see and do. Give your child time to enjoy what they notice. Talk about it. As you respond to their clues, you’re teaching them about themselves and the world.

OUTDOOR PLAY

