



### Calling Your Lawmakers

One of the best ways advocates can make their message heard is to call their lawmaker's office. We hope to flood Congress with phone calls asking lawmakers to increase investments for child care in the annual funding process. Your voice is needed.

### Instructions

Call ALL THREE of your lawmakers (Both Senators and one Representative) using the script below to urge them to increase investments in child care. You can find your lawmakers' names [here](#) if needed.

### Phone Script:

*Call the switchboard, (202) 224-3121:*

- Hello, I'm trying to reach the office of (insert Lawmaker's name). Can you connect me?

*Once connected to your Lawmaker's office:*

- Hello, I'm (Your Name), a constituent of (Lawmaker's Name) from (Your City, Your state).
- I'm calling to urge (Lawmaker's Name) to support robust increased annual appropriations for child care.
- Child care is critical for working families and to our shared future. It's the only way many people, especially women, can go to work and support their families.
- But our child care system continues to experience multiple crises. Families struggle to find reliable child care that they can afford and providers are fighting to keep their programs running. Child care prices outpaced inflation for the past three years in a row.
  - *(Include a personal story: How are you impacted by the child care crisis? OR How does child care affect your life?)*
- If Congress' priority is helping families deal with rising costs, nothing could be more important than increasing investments for child care.
- I urge (Lawmaker's Name) to support increased annual appropriations for childcare and not miss this opportunity to make a difference for families and our shared future. Thank you.

*For any questions, please contact [takeaction@usa.childcareaware.org](mailto:takeaction@usa.childcareaware.org).*