



EFMP Family Support

EFMP Respite Care

AVAILABLE FOR ELIGIBLE
NAVY FAMILIES

Sailors enrolled in the Exceptional Family Member Program (EFMP) may qualify for respite care, either 20 or 32 hours per month, for their eligible dependent children at no cost.



AVAILABLE IN THE U.S.

Respite care is provided by well-trained and background screened providers throughout the United States.



**20 or 32 HOURS FREE
PER MONTH**

Sponsors with an EFM designated as Level of Need 3 are eligible for 20 hours per month. Sponsors with an EFM designated as a Level of Need 4 are eligible for 32 hours per month.

ELIGIBILITY REQUIREMENTS

- The Sailor is active duty or a reservist on active-duty orders.
- The EFM(s) (birth through 18 years) resides with the Sailor.
- The EFMP enrollment letter will state how many hours the Sailor is eligible to receive.



FOR MORE INFORMATION

**Call 800-424-2246 x317 or
visit www.childcareaware.org**