



A Celebration of Brain-Building Activities that Honor Cultures and Traditions

Family Engagement Activities and Resources for Child Care Providers



- · Share family recipes.
- Create a recipe book with contributions from families that includes traditional family recipes.
- Host a potluck dinner where families bring dishes from their cultural heritage.
- Organize a cultural day where families can share their traditions through performances, food and crafts.

Resources

- **Brain Building Tips for Mealtime**
- Mealtime Activities: Brain-Building Challenge
- · Food and Play Tip Set

Music & Dance



- Create a playlist of music from different cultures for children to listen to during nap time or quiet time.
- Organize a dance party where families can teach and learn traditional dances from different cultures.
- Host a family singalong featuring traditional songs from different cultures.
- · Invite families to share traditional instruments from their culture with the children.
- · Host a family karaoke night featuring songs from different cultures.
- Invite families to share traditional lullabies from their culture with the children.
- Host a music concert where families can perform and share their favorite songs.

Resources

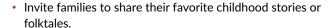
- Growing Young Brains with Music & Dance
- Early Music Experience

Celebrations & Festivals

- Family Day/Night celebrating diverse cultures.
- Share a list of local cultural events.
- · Acknowledge cultural holidays celebrated throughout the
- Host a cultural fashion show where children and families can wear traditional clothing from their cultures.
- · Organize a cultural field trip to a museum or cultural center in the community.
- Host a family game night where families can play traditional games from different cultures.
- · Organize a cultural scavenger hunt where children and families can learn about different cultural landmarks and traditions in the community.
- Invite families to share traditional holiday stories with the children.
- · Create a family photo album featuring photos from different cultural celebrations.
- Invite families to share traditional holiday decorations with the children.
- Create a cultural museum in the classroom featuring artifacts and information from different cultures.
- Host a family movie night featuring films from different cultures.
- · Celebrate different cultural dress days where families and children can dress up in traditional clothing.
- Create a cultural calendar featuring important holidays and celebrations from different cultures.







- Read children's books that feature diverse characters and cultures.
- Create a multicultural book club for families to read and discuss books from different cultures.
- Host a family storytelling night where children and parents can share stories from their cultural backgrounds.
- Create a book swap program where families can share their favorite books with each other.
- · Create bookmarks with families.
- Create a lending library with a variety of books featuring different cultures.

Resources

- Celebrating Cultures and Traditions through Books
- GROWING YOUNG BRAINS: Building a Foundation for Reading
- The Reading Challenge
- Literacy Tip Set
- Language Development: From Listening to Speaking
- · Foundations of Literacy
- Reading Your Way to a Culturally Responsive Classroom

Discussing Race & Promoting Equity

Resources

- Promote Equity in Child Care through Quality Interactions
- Talking About Race with Young Children
- Race Today: What Kids Know as They Grow
- "Racing" Towards Equality: Why Talking to Your Kids
 About Race Is Good for Everyone
- Moving Beyond Anti-Bias Activities: Supporting the Development of Anti-Bias Practices



Languages

- · Learn to say Hi and Bye in different languages.
- Invite families to teach children basic phrases and words in different languages.
- Create a language learning corner with books, menus, mail, letters, greeting cards and other resources in different languages.
- Organize a language exchange program where families can practice speaking different languages together.
- Invite families to read books in their native language to the children.
- Host a family poetry night where families can share their favorite poems and rhymes.

Resources

- · Bilingual Language Development
- Many Languages, One Classroom: Supporting Children in Superdiverse Settings

Arts & Crafts

- Paint a self-portrait: Children can use paint and paper to create a self-portrait that celebrates their unique qualities and identity.
- Create a family tree: Use construction paper, markers, and photos to make a family tree to help children learn about their family history and heritage.
- Create a memory book: Use a scrapbook or journal to document family traditions, holidays and special memories.
- Host an arts and crafts day where families can create traditional crafts from their cultural backgrounds.
- Create a multicultural art exhibit with artwork from children and families.
- Create a cultural garden where children can learn about plants and herbs from different cultures.
- Create a family memory box featuring mementos and artifacts from different cultural celebrations.



