

# EXPLORING THE WORLD THROUGH TRAVEL

No matter the mode of transportation, turn your next journey with your child into a brain –building adventure.

Tip

12-18  
MONTHS

## Adventure March

As you walk with your child, think of being on an adventure march in a foreign land. Listen for sounds you might not have noticed before and tell them about it. "I hear marching footsteps." Make the sound of the footsteps marching so they can hear them too. How do they respond?

### Brainy Background™

When you pause to listen to something that you might not have noticed before, you're modeling what it is to be curious and a lifelong learner. Because you're so important to your child, they want to be like you. It's a good beginning for success in school and life.



Visit [WeAreBrainBuilders.org](http://WeAreBrainBuilders.org) for more information on brain-building resources to make the most of everyday moments with children.

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Tip

3-4  
YEARS

## Colorful World

When you're out with your child, team up with them to find colors. Have them point to something and name the color. Then you name all of the things you can think of that are the same color. Take turns playing this game.

### Brainy Background™

Thinking about the characteristics objects have in common (whether it's colors, shapes, or size) sparks connections in your child's growing brain.



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