

EXPLORING THE WORLD THROUGH

OUTDOOR PLAY

Enjoy brain-building adventures with your child through outdoor play.

Tip

6-12
MONTHS

Drop the Ball

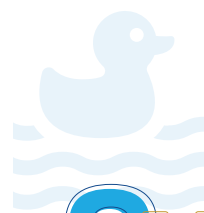
A fun outside game is “Drop the Ball.” Give your child a safe object to hold onto and drop, like a ball or a crumbled piece of paper. If you pick it up, they will drop it again. “Down it falls. Up it comes.” Keep up the game with new objects!

Brainy Background™

Building your child’s ability to use their hands is important. They will use this ability at home, at play, and at school. In addition, they’re learning to pay attention and to have self-control—also key skills for life.



Visit WeAreBrainBuilders.org for more information on brain-building resources to make the most of everyday moments with children.



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Tip

4-5
YEARS

What Floats?

Are you near water? Even a big puddle works. Grab some rocks, sticks, or leaves and toss them in one at a time. Do they float or sink? Talk back and forth about how things like shapes or size may make a difference. Keep trying new things and test your ideas. What other experiments can you do together like this?

Brainy Background™

This game helps your child learn to think like a scientist. This kind of thinking helps them focus on understanding what they see, and make guesses based on that. Thinking-in-action like this helps them figure out if something is true or false, or even something in between.



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