

EXPLORING THE WORLD THROUGH NATURE

Experience the wonders of nature through brain-building adventures with your child.

Tip

2 1/2-5
YEARS

Exploring

Find a tree that you and your child would like to explore. Run your fingers up and down the trunk. Kneel down to trace the roots where they enter the soil. Reach high and try and touch the higher branches, standing on tiptoe. What did you learn about this tree today?

Brainy Background™

When you and your child explore, you're helping them to learn like a scientist—observing and then figuring out what they have learned. Help them ask questions about the tree and find answers as they explore.

Visit WeAreBrainBuilders.org for more information on brain-building resources to make the most of everyday moments with children.



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Tip

1-3
YEARS

Nature Builder

Use outside play as an opportunity to explore how things work. Encourage your child to find natural building blocks like small sticks, rocks, and leaves. Take turns placing the objects on top of each other and talk about what you notice, "The leaf won't stay on top. What else could we use?"

Brainy Background™

As your child builds, they're thinking like a scientist and testing out ideas to learn more about balance, size, and cause and effect. Asking questions promotes critical thinking skills. They're more likely to remember and use what they learn when they're engaged in hands-on learning.

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