

# Brain Building Challenge

## HOW TO PLAY

Your child's brain grows the fastest from birth through age five. Help prepare your child for school, friends, and life with brain-building tips from Vroom®. Visit [vroom.org](http://vroom.org) to find out how to access free Vroom Tips™ on your phone or online. Start tracking the activities below as you complete Vroom Tips with your child.



Visit [Vroom.org](http://Vroom.org) for more information on brain building tips to make the most of everyday moments with your child.

