

Building Young Brains in Family Child Care

Family Child Care Providers are brain builders! You already have what it takes to help children learn and develop.

90% of brain development occurs before a child even enters kindergarten. That means that early experiences for young children whether at home, in child care, or in the community matter. Quality early experiences are opportunities to strengthen the connections in children's developing brains. The everyday moments that you spend with children in your care can help their brains grow strong and prepare them for friends, school, and life.



For FREE brain-building tools for child care, visit [GrowYoungBrains.org](https://www.growyoungbrains.org).

To learn more about resources for family engagement and your program, contact your local Child Care Resource and Referral agency.



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Learn more about creating brain-building opportunities with children!