



Coronavirus: Resources for Child Care and Advice From the Field

Welcome

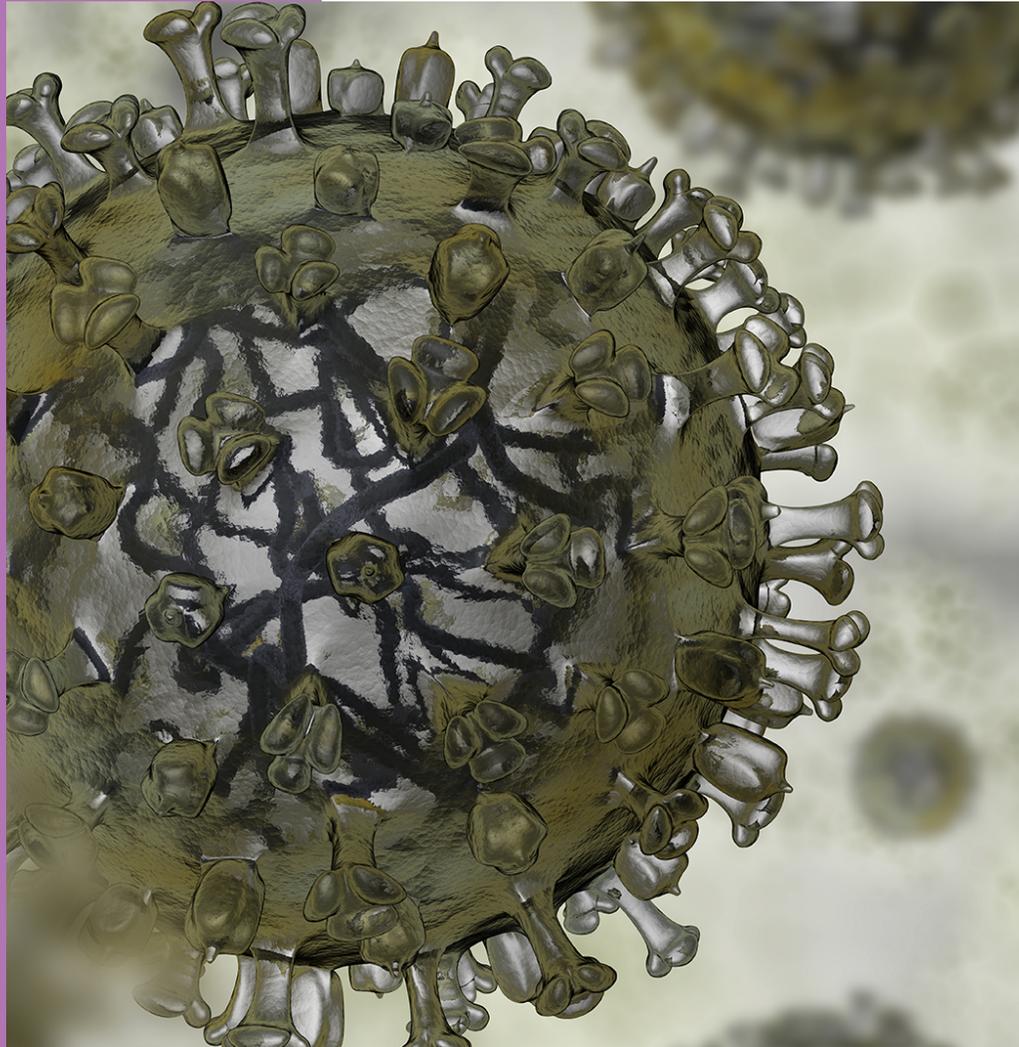


Lynette Fraga

Executive Director



Health Guidance for Child Care Programs



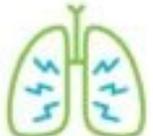
Coronavirus and COVID-19

What is Coronavirus?

- Common type of virus, but new strain
- Currently no vaccine
- Spreads mainly from person to person:
 - Close contact (with 6 feet)
 - Coughing and sneezing
 - Surfaces



Signs and Symptoms of COVID-19

COVID-19	FLU	ALLERGIES
 <p>fever</p>  <p>dry cough</p>  <p>difficulty breathing</p>  <p>fatigue</p> <p>Less common: aches, runny or stuffy nose, sore throat, or diarrhea</p> <p><i>Note: some people with coronavirus might not develop any symptoms</i></p>	 <p>sudden fever</p>  <p>cough</p>  <p>headache</p>  <p>muscle & joint pain</p>  <p>sore throat</p>  <p>runny or stuffy nose</p>	 <p>sneezing</p>  <p>cough</p>  <p>red, watery, or itchy eyes</p>  <p>runny or stuffy nose</p>

Vulnerable Populations



People over age 60



People who smoke



People with chronic conditions:

- Heart disease
- Lung disease
- Diabetes



People with compromised immune systems

Protecting Health in Child Care Programs

Hygiene

- *Caring for Our Children 3.2.2 Hand Hygiene*
 - Soap and water
 - At least 20 seconds
 - On arrival, before and after meals and snacks, after bathroom breaks and outdoor play
 - 60%-95% alcohol hand sanitizer, when appropriate
- Cough and sneeze etiquette
- Limit physical contact
- Avoid touching faces
- Limit food sharing



Cleaning, Sanitizing & Disinfecting



- *Caring for Our Children 3.3.0*
Cleaning, Sanitizing & Disinfecting
- Focus on:
 - Door handles
 - Sinks and faucets
 - Toilets
 - Tables
 - Toys
- Use effective cleaning materials
- Ventilation: open windows or use air conditioning

Exclusion Policies

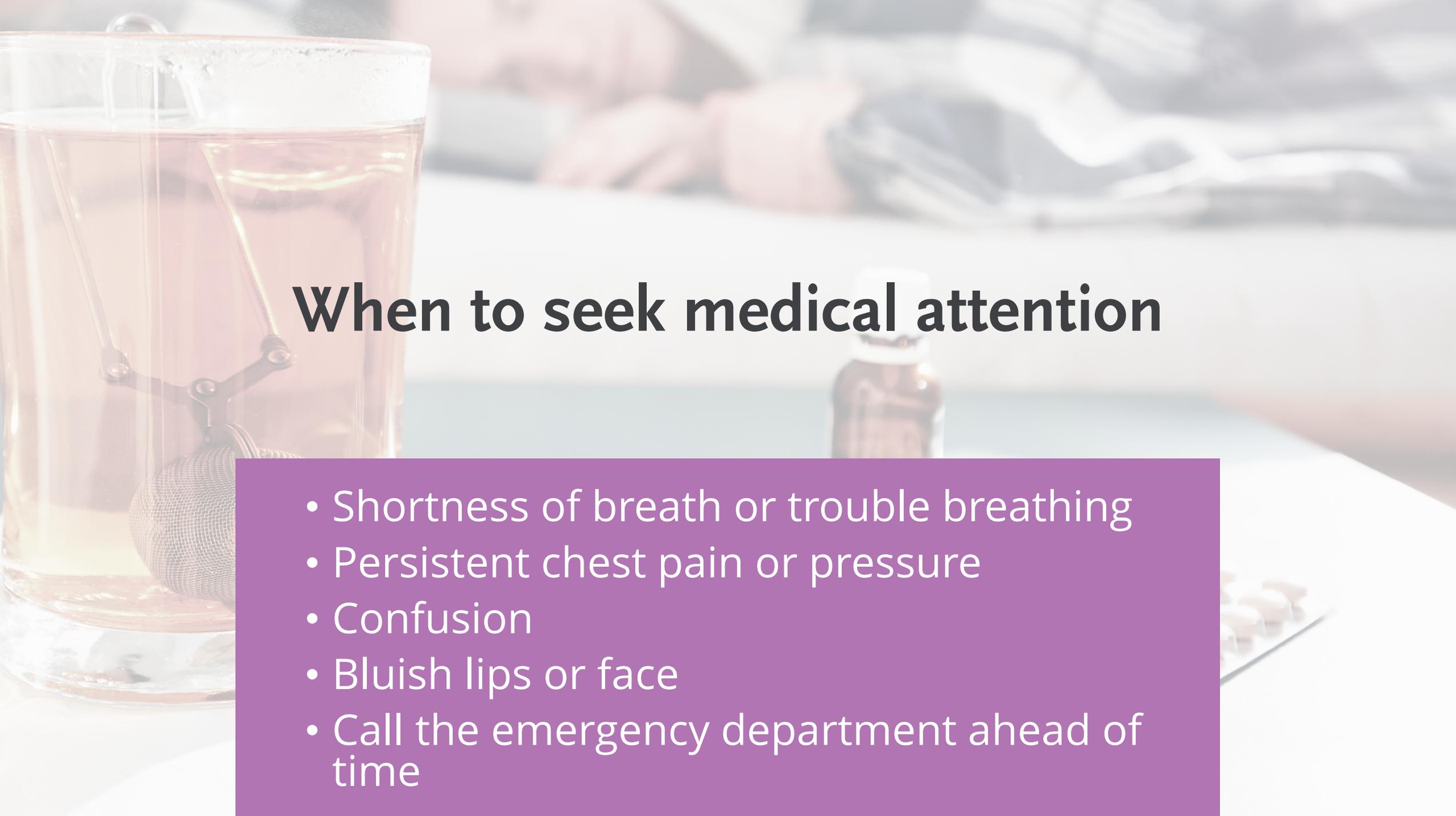
- Children and staff should stay home if they are sick *or if someone in their household is sick* with:
 - Cough
 - Fever
 - Shortness of breath
- Daily health checks
- Family members and staff in high-risk populations should stay home



Social Distancing

- Preventing spread in the community
- Avoid social gatherings and public spaces
- Limit contact with others
- Use the healthcare system appropriately





When to seek medical attention

- Shortness of breath or trouble breathing
- Persistent chest pain or pressure
- Confusion
- Bluish lips or face
- Call the emergency department ahead of time



Take care of yourself



Emergency Preparedness and Response

Guidance and Resources

Questions for my agency or program

Should we close?

What would it mean for your organization or program to close its doors for a few days? What about a few weeks?

What would happen to those you serve?

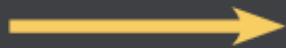
What considerations would you need to make for your building or location?



CDC Guidance for Child Care Programs

All child care programs

Confirmed person (staff
or child) with COVID-19
in building?



Assess risk



Short (potential 2-5 day) program
dismissal to clean/disinfect in
consultation with local health officials

No community spread

- Prepare
- Require sick children and staff to stay home
- Establish procedures for someone who becomes sick at child care
- Assess group gatherings and events – consider postponing non-critical gatherings and events
- Develop information sharing systems
- Monitor for absenteeism
- Intensify cleaning and disinfection
- Teach and reinforce healthy hygiene



Monitor changes in community spread

Minimal to Moderate or Substantial Community Spread

Minimal to Moderate Spread



- Coordinate with local health officials
- Implement multiple social distancing strategies for gatherings, classrooms, and movement through the building
- Consider ways to accommodate needs of children, families and staff at high risk

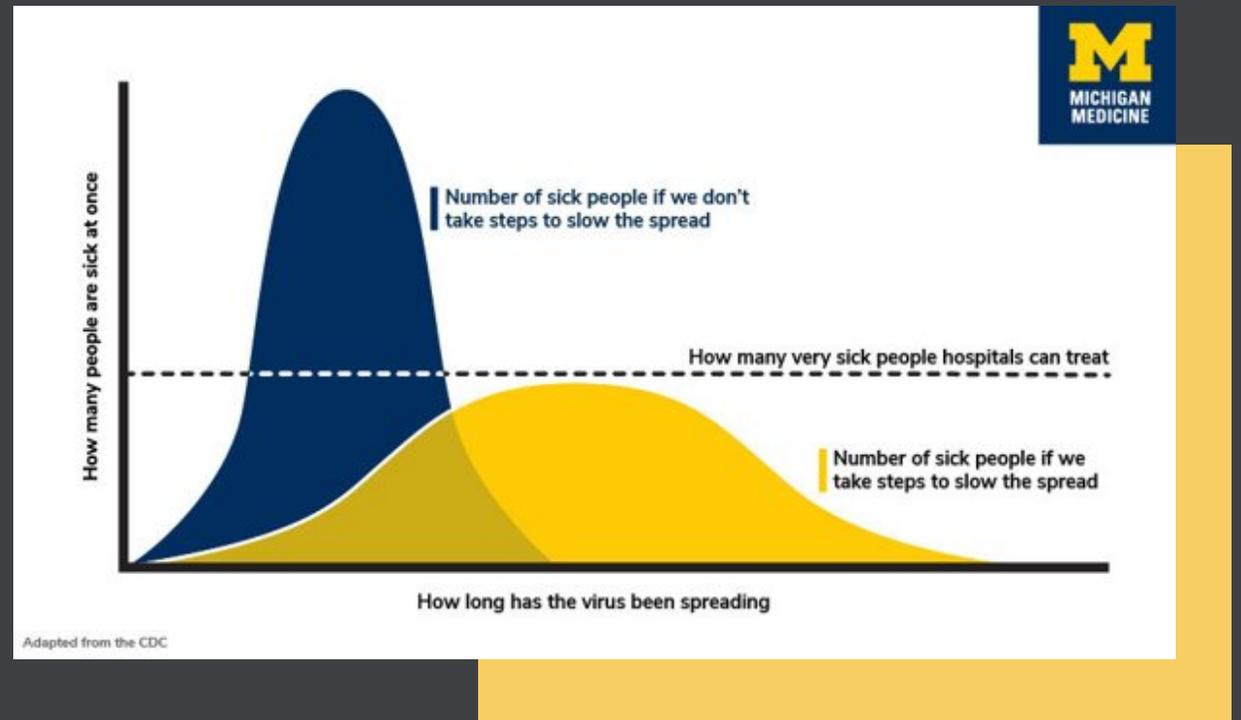
Substantial Spread



- Coordinate with local health officials
- Implement multiple social distancing strategies for gatherings, classrooms, and movement through the building **WITH EXTENDED PROGRAM DISMISSALS**
- Consider ways to accommodate needs of children, families and staff at high risk

If your school district or state is closing K-12 schools.

Child Care Aware® of America recommends that all child care programs should also close, with the exception of programs serving essential and emergency personnel (to be defined by the state or locality).



Child Care Resource & Referral Agencies



Child Care Centers



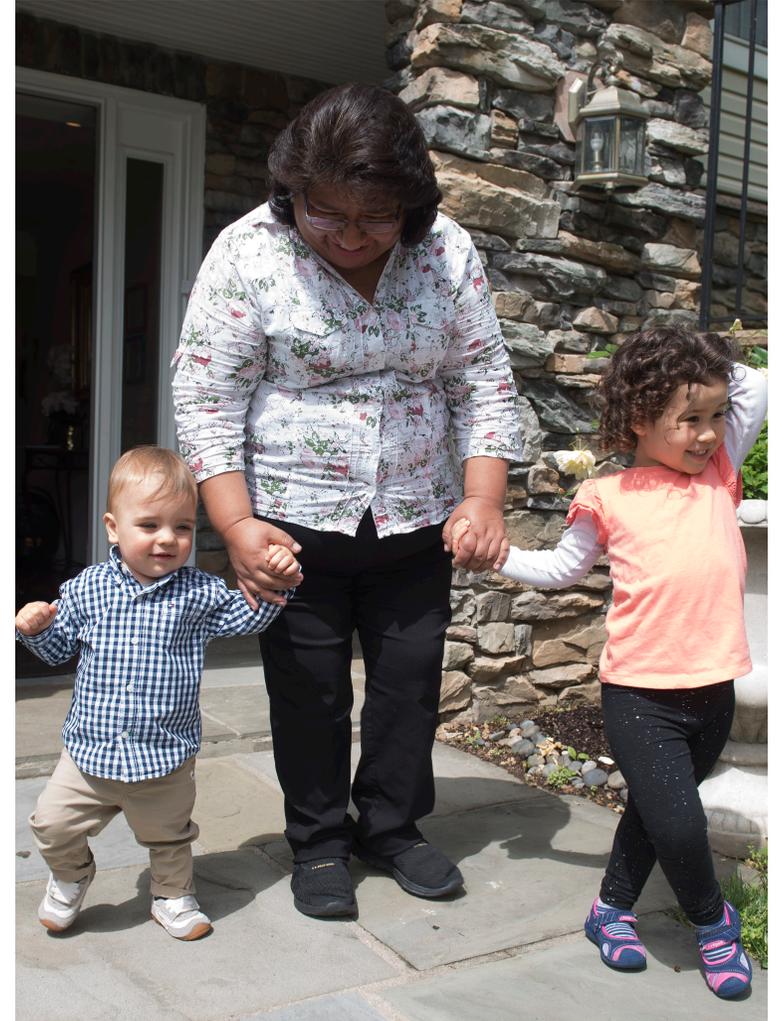
YMCA OF METRO ATLANTA

EARLY LEARNING

Ensuring school readiness.

GET TO KNOW YOUR Y

Family Child Care



Where to look

- Use reliable, up-to-date information
 - [CDC COVID-19](#)
- Relationships with healthcare and public health partners
 - [Health Department Directory for State & Territories, Cities & Counties, and Tribes](#)





American Academy of Pediatrics

www.aap.org

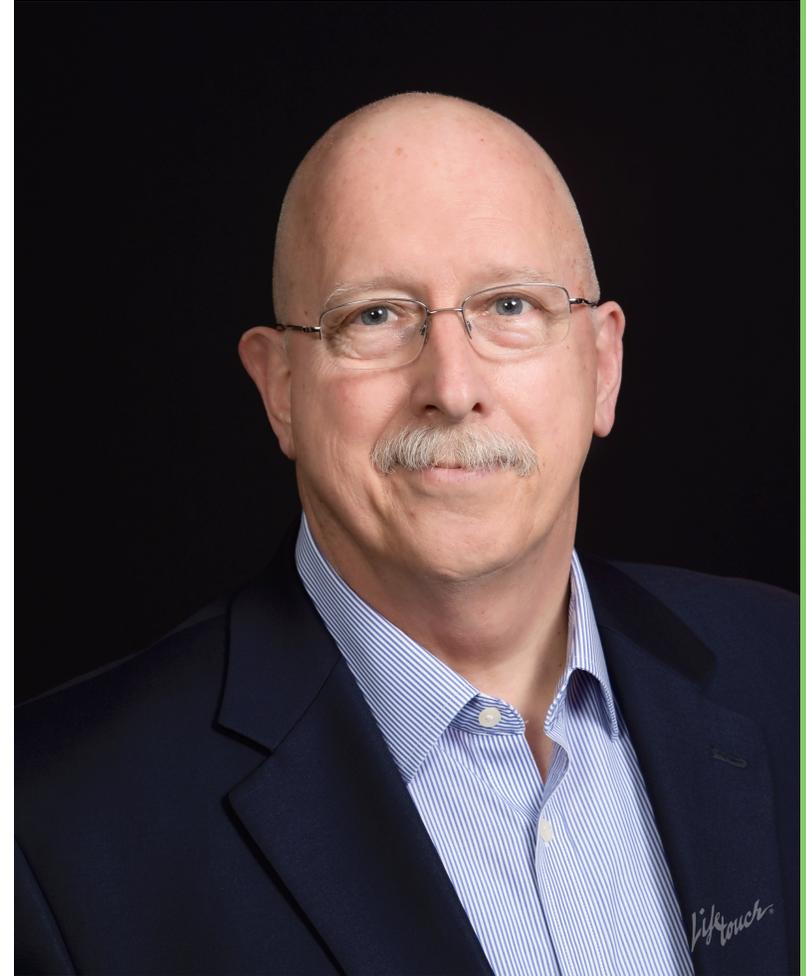
World Health Organization

www.who.int

<https://info.childcareaware.org/coronavirus-updates>

www.childcareprepare.org

COVID-19 Update in Maryland State



Steve Rohde
Deputy Director
Resource and Referral Services
Maryland Family Network



Coronavirus Q&A

Closing Remarks



Lynette Fraga

Executive Director



Follow us!



@ChildCareAware



@usachildcare