



# Coronavirus: Resources for Child Care and Advice From the Field



# Welcome



## Lynette Fraga

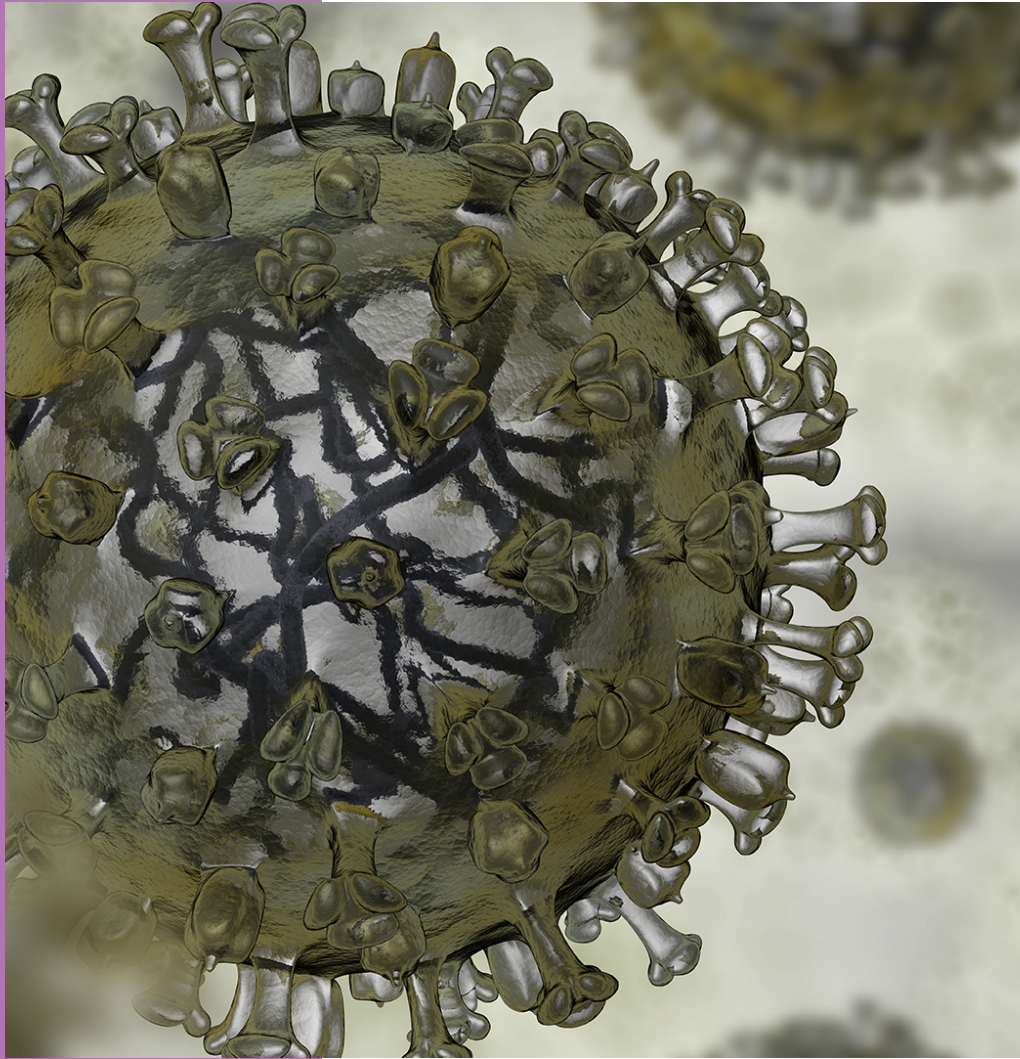
Executive Director





# Health Guidance for Child Care Programs





# **Coronavirus** and **COVID-19**



# What is Coronavirus?















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- Common type of virus, but new strain
- Currently no vaccine
- Spreads mainly from person to person:
  - Close contact (with 6 feet)
  - Coughing and sneezing
  - Surfaces





# Signs and Symptoms of COVID-19

KC CARE HEALTH CENTER			Check Your Symptoms			sources: WHO, CDC, NIH		
COVID-19			FLU			ALLERGIES		
								
fever			sudden fever			sneezing		
								
dry cough			cough			cough		
								
difficulty breathing			headache			red, watery, or itchy eyes		
								
fatigue			muscle & joint pain			runny or stuffy nose		
			sore throat					
			runny or stuffy nose					
Less common: aches, runny or stuffy nose, sore throat, or diarrhea								
Note: some people with coronavirus might not develop any symptoms								

# Vulnerable Populations



People over age 60



People who smoke



People with chronic conditions:

- Heart disease
- Lung disease
- Diabetes



People with compromised immune systems



# Protecting Health in Child Care Programs

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# Hygiene

- *Caring for Our Children* 3.2.2 Hand Hygiene
  - Soap and water
  - At least 20 seconds
  - On arrival, before and after meals and snacks, after bathroom breaks and outdoor play
  - 60%-95% alcohol hand sanitizer, when appropriate
- Cough and sneeze etiquette
- Limit physical contact
- Avoid touching faces
- Limit food sharing





# Cleaning, Sanitizing & Disinfecting



- *Caring for Our Children 3.3.0*  
Cleaning, Sanitizing & Disinfecting
- Focus on:
  - Door handles
  - Sinks and faucets
  - Toilets
  - Tables
  - Toys
- Use effective cleaning materials
- Ventilation: open windows or use air conditioning



# Exclusion Policies

- Children and staff should stay home if they are sick *or if someone in their household is sick* with:
  - Cough
  - Fever
  - Shortness of breath
- Daily health checks
- Family members and staff in high-risk populations should stay home





# Social Distancing

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- Preventing spread in the community
- Avoid social gatherings and public spaces
- Limit contact with others
- Use the healthcare system appropriately



A glass of tea with a metal strainer and a small bottle of medicine on a table, with a person lying down in the background.

# When to seek medical attention

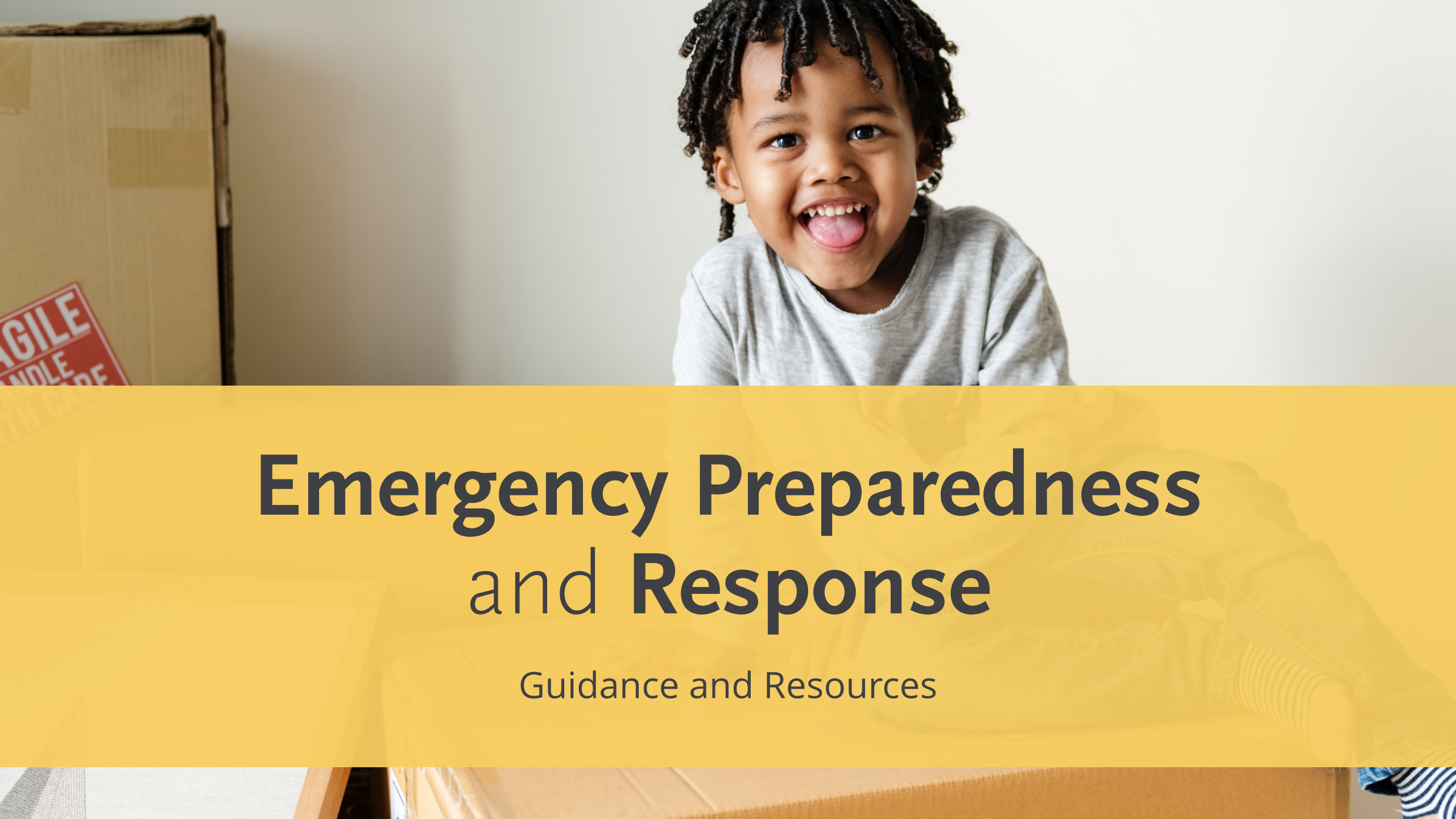
- Shortness of breath or trouble breathing
- Persistent chest pain or pressure
- Confusion
- Bluish lips or face
- Call the emergency department ahead of time





Take care of yourself





# Emergency Preparedness and Response

Guidance and Resources



# Questions for my agency or program

Should we close?

What would it mean for your organization or program to close its doors for a few days? What about a few weeks?

What would happen to those you serve?

What considerations would you need to make for your building or location?



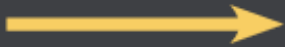
# CDC Guidance for Child Care Programs

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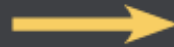


# All child care programs

Confirmed person (staff  
or child) with COVID-19  
in building?



Assess risk



Short (potential 2-5 day) program  
dismissal to clean/disinfect in  
consultation with local health officials

# No community spread

- Prepare
- Require sick children and staff to stay home
- Establish procedures for someone who becomes sick at child care
- Assess group gatherings and events – consider postponing non-critical gatherings and events
- Develop information sharing systems
- Monitor for absenteeism
- Intensify cleaning and disinfection
- Teach and reinforce healthy hygiene



Monitor changes in community spread



# Minimal to Moderate or Substantial Community Spread

## Minimal to Moderate Spread



- Coordinate with local health officials
- Implement multiple social distancing strategies for gatherings, classrooms, and movement through the building
- Consider ways to accommodate needs of children, families and staff at high risk

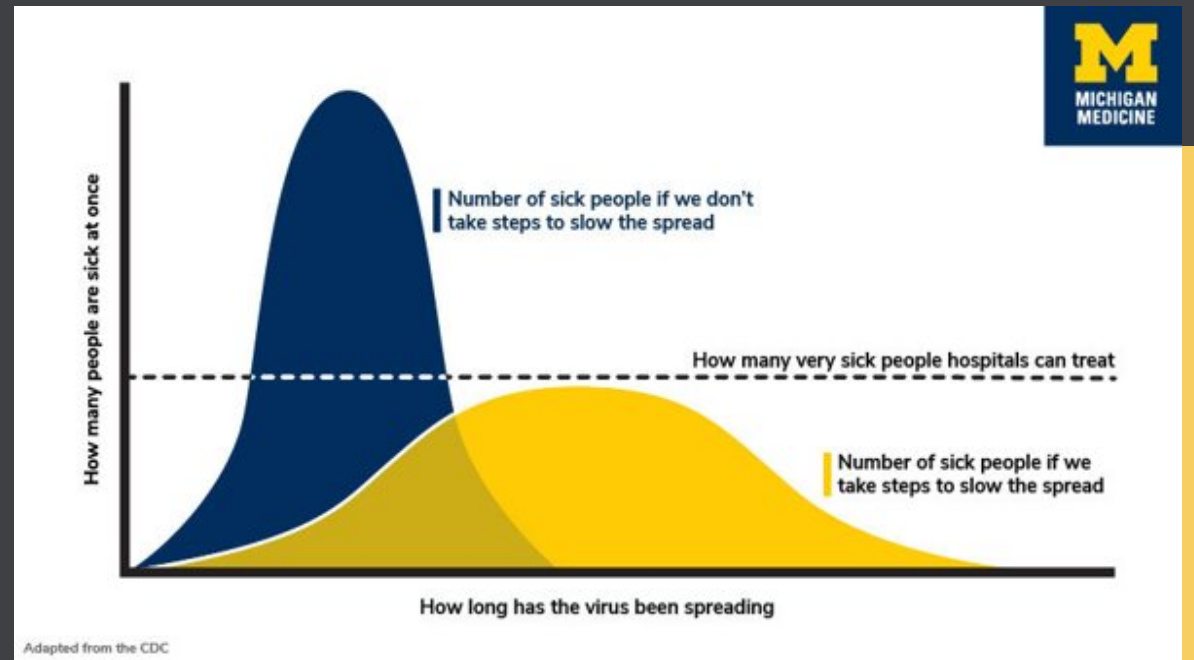
## Substantial Spread



- Coordinate with local health officials
- Implement multiple social distancing strategies for gatherings, classrooms, and movement through the building **WITH EXTENDED PROGRAM DISMISSALS**
- Consider ways to accommodate needs of children, families and staff at high risk

# If your school district or state is closing K-12 schools.

Child Care Aware® of America recommends that all child care programs should also close, with the exception of programs serving essential and emergency personnel (to be defined by the state or locality).



# Child Care Resource & Referral Agencies





# Child Care Centers



# Family Child Care





# Where to look

- Use reliable, up-to-date information
  - [CDC COVID-19](https://www.cdc.gov/covid-19)
- Relationships with healthcare and public health partners
  - [Health Department Directory for State & Territories, Cities & Counties, and Tribes](#)







American Academy of Pediatrics

[www.aap.org](http://www.aap.org)

World Health Organization

[www.who.int](http://www.who.int)

<https://info.childcareaware.org/coronavirus-updates>

[www.childcareprepare.org](http://www.childcareprepare.org)

# COVID-19 Update in Maryland State



**Steve Rohde**  
Deputy Director  
Resource and Referral Services  
Maryland Family Network





# Coronavirus Q&A



# Closing Remarks



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