

Reading, Resilient and Ready:

Using books to support children's emergency preparedness, response and recovery in child care

Children of all ages should be involved in child care emergency preparedness activities in their child care program. If an emergency or disaster occurs, children may need support in understanding and coping. The right books can help child care providers support children in emergency preparedness, response, and recovery.

Child Care Aware® of America (CCAOA) compiled this list of *100+ Children's Books to Support Emergency Preparedness, Response and Recovery* to help child care providers identify books that can be used to prompt learning, discussion and coping strategies.

Books are a great tool for child care emergency preparedness, response and recovery because they can be used to help children:

- *Understand*: When children have an understanding of the weather events and emergencies that may happen, they feel better prepared and less scared.
- *Prepare*: Books can help children learn about the importance of emergency preparedness and think of ways to help prepare.
- *Cope*: Learning about emotions associated with emergency response and recovery, such as fear, anger, and sadness, and ways to cope with them will help keep children calm.

Child care providers should review all books before reading them with children to ensure they are appropriate for the children and the situation. Books should be age-appropriate and provide information in a way that does not create fear or cause additional stress.

While there are not a lot of books about emergencies geared toward infants and toddlers, there are books that talk about feelings, weather and community helpers that can help start the conversation. The ritual of reading books with infants and toddlers helps strengthen the bonds between children and caregivers. This important connection is key in helping children feel secure and builds trust. Security and trust are essential to emergency response and recovery. As children get older, they will be ready for more information to help them understand emergencies and disasters, as well as emotions.

Child care providers already read books to children often, so they can easily incorporate books for emergency preparedness, response and recovery into reading time. Be sure to include some books in your child care program's emergency supply kits for evacuation and sheltering-in-place!

100+ Children's Books to Support Emergency Preparedness, Response, and Recovery



Title	Author	Description/Summary	Recommended age range	Reading to...
<i>Emergency!</i>	Cheryl Lane	An emergency vehicles board book, with a flashing light to press on each spread. Race through this fun board book, pressing the button on every page to make the emergency vehicles light up.	0-3 years	Prepare
<i>My First 100 Weather Words: A STEM Vocabulary Builder for Babies and Toddlers</i>	Chris Ferrie	Each spread in this primer focuses on 8 to 12 weather-related words—from squall to monsoon, erosion to humidity and more! Chris Ferrie's latest offering is the perfect way to introduce basic concepts to even the youngest readers—after all, it's never too early to become a weather expert!	0-3 years	Understand
<i>When I Feel Scared</i>	Cornelia Maude Spelman	Children often feel afraid. This book will help children address those fears and learn some new ways to cope with being afraid. First, a little bear describes some of the things that frighten him, like bad dreams or big, tall slides, or when his mother goes away. Sometimes, he just feels scared and doesn't know why! But he learns there are things he can do to make himself feel better. A "Note to Parents and Teachers" reinforces the positive messages in the book.	0-3 years	Cope
<i>The Worrysaurus</i>	Rachel Bright	It's a beautiful day and Worrysaurus has planned a special picnic. But it isn't long before a small butterfly of worry starts fluttering in his tummy. Can Worrysaurus find a way to chase his fears away and have fun? The perfect book to help every anxious little dinosaur let go of their fears and feel happy in the moment.	0-5 years	Cope
<i>Friendly Fire Truck - Touch and Feel Board Book</i>	Little Hippo Books	Ride around the neighborhood with this friendly fire truck and see all the things it can do! Kids touch and feel their way to learning about a day in the life of this rescue vehicle. Rhyming text and fun illustrations are complemented by various touch and feel elements, allowing children to stimulate their sense of touch. And, the sturdy board book is shaped, making it fun for children to pretend to drive the fire truck around town after they're done reading.	0-6 years	Prepare
<i>Our Weather - Touch and Feel Board Book</i>	Little Hippo Books	Children get to explore the weather in this touch and feel board book. Learn about the sun, rain, snow, wind and clouds.	0-6 years	Understand
<i>Rescue Vehicles - Children's Touch and Feel Board Book</i>	Little Hippo Books	Explore the world of rescue vehicles from helicopters to police cars in this touch-and-feel board book that is perfect for little hands to hold. This interactive kid's book will entertain children as they read and feel their way to learning about various land, sea, and air rescue vehicles, such as a police car, fire truck, tugboat, and more.	0-6 years	Prepare
<i>Weather - Children's Touch and Feel Board Book</i>	Little Hippo Books	Learn all about the weather from a sunny day to a stormy one in this touch-and-feel board book that is perfect for little hands to explore. This interactive kid's book will entertain children as they read and feel their way to learning about various weather occurrences, such as clouds, snow, lightning, and more.	0-6 years	Understand

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<i>Emergency: A Lift-the-Flap book</i>	Roger Priddy	Children will be fascinated to discover more about the firefighters, police, and rescue crews who work in Playtown, as well as the vehicles and machinery they use to help do their jobs. On every page of this busy book, there are fun flaps to lift that tell children more about the pictures above, and in the back of the book is a big scene to fold out that brings the emergency workers and their vehicles to life.	1-3 years	Prepare
<i>Hello, World! Weather</i>	Jill McDonald	Young children are fascinated with weather and the seasons. Here's a book that teaches them about different types of weather and shows them how to dress for each different day.	1-3 years	Understand
<i>Little Monkey Calms Down</i>	Michael Dahl	Little Monkey is having a bad day. After a major melt down, he goes to his room and uses some coping techniques to calm down. He sings a quiet song, cuddles with his blankie, and learns how to take deep breaths. A relatable book for toddlers that teaches self-soothing in an effective way.	1-3 years	Cope
<i>Little Wonders Weather</i>	Rose Nestling	Your little one is full of wonder! Especially about rain, wind, sunshine, and snow! Help your baby or toddler discover and understand all kinds of weather, even scary storms that boom! So get dressed for today's weather and go outside to splash in puddles or build a snowman. Weather is a wonder!	1-3 years	Understand
<i>The Feelings Book</i>	Todd Parr	Illustrates the wide range of moods we all experience. The author pays special attention to the ever-changing, sometimes nonsensical emotions that we all feel.	1-3 years	Cope
<i>Wheels at Work: Emergency</i>	Child's Play	Rescuing, fetching, lifting and towing! Lift the flap to see each vehicle busy at work. Perfect for guessing, prediction and memory skills - and simply joining in!	1-3 years	Prepare
<i>How is Daniel Feeling?</i>	Maggie Testa	Daniel Tiger fans of all ages will love this novelty board book about feelings with a touchable, lovable plush Daniel face on the cover! Daniel feels many different emotions. Sometimes he feels happy, sometimes he feels sad, and sometimes he even feels mad! Daniel can also feel silly at times or even scared. Each page of this unique board book shows Daniel expressing a different emotion and learning a simple rhyme about that emotion to help little ones understand their feelings, just like in the show.	1-3 years	Cope
<i>How Do Dinosaurs Stay Safe?</i>	Jane Yolen	Few things in childhood are as important as learning how to behave safely, and the topic deserves discussion in every family. The wildly funny contrast between Teague's massive dinosaur children and their human-sized surroundings makes this subject especially appealing and funny. Where a book about safety for children might be potentially frightening, the antics of immense dinosaurs jumping on the bed or learning how to dial 9-1-1 on Mama's tiny phone will keep readers laughing from start to finish. Parents, children, teachers, and other caregivers need a comfortable way to discuss safety, and this book provides just that.	1-4 years	Prepare
<i>Baby's Feelings - A First Book of Emotions</i>	Little Hippo Books	Happy, Angry, Sad or Surprised, it's never too early to teach babies about their feelings and emotions. This simple book shares pictures of babies to help a young child identify emotions even before they can say their first words. Can you make a HAPPY face? Can you make a SURPRISED face? Can you make a LOVED face? Have fun exploring your child's emotions together.	1-5 years	Cope

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<i>Bear Feels Scared</i>	Karma Wilson	The sun is setting and it's getting chilly. When Bear's friends discover that he is not at home, they march out into the cold to find their pal. Pretty soon Bear is found, and once he's back in his cave, he feels quite safe with his friends all around.	2-4 years	Cope
<i>Clifford and the Big Storm</i>	Norman Bridwell	A story of evacuation and returning home.	2-4 years	Prepare
<i>Clifford the Firehouse Dog</i>	Norman Bridwell	Emily Elizabeth and Clifford go to visit his brother, who is a firehouse dog. When an alarm goes off, Clifford comes to the rescue -- he helps others by rescuing the people and putting out the fire!	2-4 years	Prepare
<i>Curious George and the Firefighters</i>	H.A. Rey	George joins a school field trip to the firehouse, where George finds all sorts of new things to explore. This curious monkey meets a company of unsuspecting firefighters, and when the fire alarm goes off, the firefighters are off to the rescue.	2-4 years	Prepare
<i>Just a Big Storm</i>	Mercer Mayer	Even though the power goes out, Little Critter is prepared!	2-4 years	Prepare
<i>The Way I Feel</i>	Janan Cain	Helping children identify and express their feelings in a positive manner is important for their social-emotional learning, developing empathy, and building resilience.	2-4 years	Cope
<i>To the Rescue!</i>	Kate Riggs	This book offers up a fun introduction to six helpful vehicles that are sure to fascinate every preschool learner. Simple, rhythmical text introduces each automobile or aircraft by its definitive action.	2-4 years	Prepare
<i>Fire Drill</i>	Paul DuBois Jacobs and Jennifer Swender	In a busy classroom a fire alarm rings, and the rhythmic lines give instructions. The story's elements include the children's diverse responses to the noise and their excitement to be outside, they are reminded, "Stop right there. Find your place. Do not climb. Do not chase." All concludes with, "That was fun. What a thrill! Fire drill!"	2-5 years	Prepare
<i>Here Come the Helpers</i>	Leslie Kimmelman	Look for the Helpers is a shaped board book that highlights the emergency vehicles that help make our world a better place. With a search-and-find twist, each scene highlights different types of emergency vehicles in action.	2-5 years	Prepare
<i>In My Heart A Book of Feelings</i>	Jo Witek	This book explores a full range of emotions to direct and empower readers to practice articulating and identifying their own emotions.	2-5 years	Cope
<i>My Little Golden Book About Weather</i>	Dennis R. Shealy	This book introduces preschoolers to more than just rain, wind, and snow. They'll learn about how the sun's energy causes daily weather conditions, the four yearly seasons, how clouds are formed, what a meteorologist is, and so much more.	2-5 years	Understand
<i>Scooper and Dumper</i>	Lindsay Ward	Scooper the front loader and Dumper the snowplow take care of their town in all kinds of weather. Each of them must be brave in their own way to get the job done.	2-5 years	Prepare
<i>The Berenstain Bears Visit the Firehouse</i>	Mike Berenstain	Come along as the Berenstain Bears meet everyday heroes—firefighters—in The Berenstain Bears Visit the Firehouse. Young readers will love learning all about what it takes to save the day in this picture book.	2-5 years	Prepare
<i>Bruce's Big Storm</i>	Ryan T. Higgins	Bruce's home is already a full house. But when a big storm brings all his neighbors knocking, he'll have to open his door to a crowd of animals in need of shelter—whether he likes it or not.	2-6 years	Prepare
<i>Helpers in My Community</i>	Bobbie Kalman	Introduces children to the important people who make our communities cleaner, safer, and better.	2-6 years	Prepare
<i>Ruby's Worry</i>	Percival Tom	Ruby loves being Ruby. Until, one day, she finds a worry. At first it's not such a big worry, and that's all right, but then it starts to grow. How can Ruby get rid of it and feel like herself again?	2-6 years	Cope
<i>The Rabbit Listened</i>	Cori Doerfeld	When something sad happens, Taylor doesn't know where to turn. One by one, the animals try to tell Taylor how to act. Then the rabbit arrives. All the rabbit does is listen... which is just what Taylor needs.	2-6 years	Cope
<i>Weather</i>	Brian Cosgrove	Find out the causes of thunder, lightning, hurricanes, and tornadoes; how clouds are formed and what each kind portends; and why weather forecasters are seldom 100 percent right.	2-6 years	Understand
<i>What Makes it Rain</i>	Suzie Harrison	This book answers questions that all young children ask about the weather. With facts and weather forecasting tips, it makes an introduction to weather.	2-6 years	Understand

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<i>All About Weather: A First Weather Book for Kids</i>	Huda Harajli	Kids will learn about the four seasons, how clouds form, why it rains, what causes a rainbow and storms, and so much more.	3-5 years	Understand
<i>Daniel Gets Scared</i>	Maggie Testa	Daniel Tiger and O the Owl are playing in the rain. But when it starts to thunder and they come inside, they get scared! Join them as they learn how to close their eyes and think of something happy so that they aren't as frightened anymore. This story includes tips at the end for how parents and caregivers can help their little ones learn how they can make themselves feel better when something scares them!	3-5 years	Prepare
<i>I am the Storm</i>	Jane Yolen	Young children everywhere are finding themselves subject to unfamiliar and often frightening extreme weather. The author addresses four distinct weather emergencies (a tornado, a blizzard, a forest fire, and a hurricane) with warm family stories of finding the joy in preparedness and resilience.	3-5 years	Cope
<i>Safety First!</i>	Courtney Carbone	Peppa Pig and her class learn all about safety in this Level 1 reader with stickers, based on the hit Nick Jr. TV show! Police Officer Panda and Police Officer Squirrel are visiting Peppa's class for an important lesson on safety!	3-5 years	Prepare
<i>Breathe Like a Bear</i>	Kira Willey	A collection of mindfulness exercises designed to teach kids techniques for managing their bodies, breath, and emotions. Best of all, these 30 simple, short breathing practices and movements can be performed anytime, anywhere.	3-6 years	Cope
<i>Flash, Crash, Rumble, and Roll</i>	Dr. Franklyn M. Branley	Did you know that lightning bolts can be over a mile long? Or that they may come from clouds that are ten miles high? Storms can be scary, but not if you know what causes them. Before the next thunderstorm, grab this book by the expert science team Franklyn Branley and True Kelley and learn all about thunderstorms.	3-6 years	Understand
<i>Franklin and the Thunderstorm</i>	Paulette Bourgeois	Franklin is afraid of thunderstorms. When a storm approaches while he is playing at Fox's house, a flash of lightning sends Franklin into his shell. He refuses to come out until his friends make him laugh with their tall tales about what causes storms. And when Beaver explains what really causes thunder and lightning, Franklin begins to feel much safer.	3-6 years	Understand
<i>National Geographic Little Kids First Big Book of Weather</i>	Karen de Seve	This reference book introduces young children to every aspect of weather and answers the questions curious kids want to know! Always an important topic for young kids, they'll learn how all the various types of weather systems work, from droughts and deserts to snowflakes and blizzards.	3-6 years	Understand
<i>No Dragons for Tea: Fire Safety for Kids (and Dragons)</i>	Jean E. Pendziwol	While out for a walk, a little girl has the surprise of her life --- she meets a fire-breathing dragon! Their snack is interrupted when the dragon sneezes and sets the table ablaze. Luckily, the girl knows just what to do, and she teaches her new friend to be fire smart, too. Dragons for Tea shows kids that learning about fire safety doesn't have to be scary.	3-6 years	Prepare
<i>Oh Say Can You Say What's the Weather Today? All About the Weather</i>	Trish Rabe	The Cat and company travel by hot air balloon up and into various weather phenomena including rain, snow, thunder, tornadoes, and (yikes!) even hurricanes! Along the way they learn about thermometers, anemometers, wind vanes, cloud formations, humidity, fog, smog, weather folklore, and how to stay safe in lightning.	3-6 years	Understand
<i>Stormy Night</i>	Salina Yoon	When thunder shakes his house and rain pounds the windows, Bear is frightened. But comforting his Mama, Papa, and Floppy helps make the storm seem not so scary. Before Bear knows it, the storm has passed, because even storms need their sleep . . . and so do bears.	3-6 years	Understand
<i>The Don't Worry Book</i>	Todd Parr	Todd Parr brings his trademark bright colors and bold lines to his new book about things that might make kids worry--from loud news, to loud neighbors, or a big day at school. With his signature humor and instantly recognizable style, Todd speaks out to kids who are feeling the weight of their world, offering solutions and comfort, as well as giggles.	3-6 years	Cope

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<i>Zap! Clap! Boom!: The Story of a Thunderstorm</i>	Laura Purdie Salas	Explore the life cycle of a thunderstorm in this informative and engaging picture book. Follow along as the weather changes, from a blue-sky day to a brewing storm, from a brewing storm to a dazzling downpour, and from a dazzling downpour to the breathtaking moment when the sky emits a- ZAP! CLAP! BOOM!	3-6 years	Understand
<i>Blizzard</i>	John Rocco	Based on the author's childhood experience during the now infamous Blizzard of 1978, which brought fifty-three inches of snow to his town in Rhode Island.	3-7 years	Prepare
<i>Hooray for Helpers!</i>	Mike Austin	Celebrate first responders in this picture book featuring firefighters, doctors, EMTs, and other brave helpers in action! Buckle up and cheer for these heroes as they go the distance to keep everyone safe. Look inside for a Q&A with a real firefighter and an emergency supplies list!	3-7 years	Understand
<i>Look for the Helpers</i>	Alexandra Cassel	This storybook is perfect to share with little ones who need a helping hand to understand their feelings, and will also inspire them to be helpers in their neighborhood! This book includes a section with more information about helpers, how to prepare for the unexpected, make an emergency kit, and ideas to inspire kids to be helpers and stay safe.	3-7 years	Prepare
<i>Rain Before Rainbows</i>	Smriti Prasadam-Halls	For anyone going through a difficult passage, this book is about finding optimism in the darkest of places. A girl and her companion fox travel together away from a sorrowful past, through challenging and stormy times, toward color and light and life. Along the way they find friends to guide and support them.	3-7 years	Cope
<i>The Invisible String</i>	Patrice Karst	The Invisible String is the perfect tool for coping with all kinds of separation anxiety, loss, and grief. A mother tells her two children that they're all connected by an invisible string: An Invisible String made of love.	3-7 years	Cope
<i>Dial 911! (Fire Safety)</i>	Charles Ghigna	What should you do if there's a fire? Get to safety and call 9-1-1! This sing-along picture book lets kids practice this vital skill in a fun, safe way. This paperback book comes with online music access.	3-8 years	Prepare
<i>Fireboy to the Rescue!: A Fire Safety Book</i>	Edward Miller	Although fires can be dangerous and very scary, Fireboy will allay your fears by showing you what to do if one starts at home or in school, as well as how to prevent one from starting in the first place. Follow Fireboy inside a busy firehouse, watch him Stop, Drop, and Roll, and learn some facts about famous fires in this vibrant and practical guide to fire safety.	3-8 years	Prepare
<i>Get Out, Stay Out! (Fire Safety)</i>	Charles Ghigna	What should you do if there is a fire in your home? Get out, stay out. Call for help. This sing-along picture book will help kids remember this life-saving rule. Young readers will feel like heroes as they sing along to this catchy song about fire safety. This hardcover book comes with a CD and online music access.	3-8 years	Prepare
<i>Plan and Prepare! Fire Safety</i>	Charles Ghigna	Do you know the four rules of fire safety? Have a plan. Get out fast. Stay low. And don't open hot doors. This sing-along picture book will make kids want to practice these four life-saving rules over and over again. Young readers will feel like heroes as they sing along to this catchy song about fire safety. This paperback book comes with online music access.	3-8 years	Prepare
<i>Stop, Drop, and Roll! (Fire Safety)</i>	Charles Ghigna	What should you do if flames get on your clothes? Stop, drop, and roll! This sing-along picture book will make kids want to practice this life-saving skill over and over again. Young readers will feel like heroes as they sing along to this catchy song about fire safety. This paperback book comes with online music access.	3-8 years	Prepare
<i>Storms</i>	Miriam Busch Goin	Storms are SCARY! But it's cool to understand what's going on when Mother Nature gets angry. Why does the wind howl? Why does it rain for days? How do rivers overflow? Thunder and lightning, monsoons, hurricanes, tornadoes... the facts and photos in this book will blow you away!	3-8 years	Understand
<i>We Shake in a Quake</i>	Hannah G. Givon	Rhyming text captures a boy's experience during and after an earthquake and discusses ways to prepare for such a disaster.	3-8 years	Prepare
<i>Weather</i>	Kristin Baird Rattini	What causes thunder and lightning? How do different clouds form? What makes a tornado twist? Kids will discover the answers to these questions and more in this colorful, photo-packed book. In this inviting and entertaining format, kids will discover what causes the weather they experience every day.	3-8 years	Understand

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<i>Be Careful and Stay Safe</i>	Cheri J. Meiners M.Ed.	The world can seem so perilous, especially where our children are concerned. But even very young children can learn basic skills for staying safe in ordinary situations and preparing for emergencies. Without scaring kids (or alarming adults), this book teaches little ones how to avoid potentially dangerous situations, ask for help, follow directions, use things carefully, and plan ahead. Includes questions, activities, and safety games that reinforce the ideas being taught.	4-6 years	Prepare
<i>Weather Words and What They Mean</i>	Gail Gibbons	Everyone talks about the weather, but what does it all mean? In clear, accessible language, Gail Gibbons introduces many common terms and their definitions. Simple, kid-friendly text explains the origins of fog, clouds, frost, thunderstorms, snow, fronts, hurricanes, reinforcing the explanations with clear, well-labeled drawings and diagrams.	4-6 years	Understand
<i>Whimsy's Heavy Things</i>	Julie Kraulis	Whimsy's heavy things are weighing her down. Whimsy decides to deal with the heavy things one at a time... and a surprising thing happens. Whimsy's Heavy Things is a sweet story about changing the things that weigh us down into the things that lift us up.	4-6 years	Cope
<i>Hurricanes!</i>	Gail Gibbons	In this newly revised edition, vetted by weather experts, Gail Gibbons introduces readers to the concepts of hurricane formation, classification, weather preparedness, and the ever-evolving technology that helps us try to predict the behavior of these powerful storms.	4-7 years	Understand
<i>I Can Be Safe: A Safety and Mental Health Book for Kids</i>	Pat Thomas	Safety first! This book acknowledges kids' fears and all the big feelings they have, and makes them aware of things they need in order to feel safe in different situations—to look both ways when crossing a road, to wear protective clothing for sports, to know their parents' names, phone number, and emergency numbers, and many other details.	4-7 years	Prepare
<i>Once I Was Very Very Scared</i>	Chandra Ghosh Ippen	A squirrel announces that he was once very, very, scared and finds out that he is not alone. Lots of animals went through scary experiences, but they react in different ways. They need help, and they get help from grown-ups who help them feel safe and learn ways to cope with difficult feelings. This story was written to help children and grown-ups understand how stress can affect children and ways to help them. A Spanish Version is available: Una Vez Tuve Mucho Mucho Miedo	4-7 years	Cope
<i>Rapid Responders: A Lift-the-Page Truck Book</i>	Finn Coyle	A diverse range of community helpers introduce the vehicles that help them keep their communities safe. Children will discover an assortment of vehicles including police cars, fire trucks, coast guard cutters, ambulances, and rescue helicopters.	4-7 years	Prepare
<i>The Magic School Bus Inside a Hurricane</i>	Joanna Cole	Count on Ms. Frizzle to teach anything but an ordinary lesson on meteorology. Flying through the clouds in the Magic School Bus, Ms. Frizzle's class experiences a hurricane-and even a tornado-firsthand. During their thrilling ride through the sky, Arnold gets lost! Will the Friz be able to save the day this time?	4-7 years	Understand
<i>Tornadoes</i>	Gail Gibbons	Newly revised and vetted by weather experts from National Oceanic and Atmospheric Association, Tornadoes is an accessible introduction to this fascinating phenomenon. This book shares more than fifty tornado facts... including how tornadoes form, the scale used for classifying them, and the safest places to go in case one should happen near you.	4-7 years	Understand
<i>All Aboard Fire Trucks</i>	Teddy Slater	Clang, clang, clang! Here come the engines and ladders! Easy-to-understand facts and big, colorful pictures makes this book the perfect introduction to the exciting world of fire trucks and fire-fighting.	4-8 years	Prepare
<i>Flood Warning</i>	Katharine Kenah	Read and find out about the different kinds of floods, how they start, and how to stay safe in this colorfully illustrated nonfiction picture book. You are lying in bed listening to the soft sound of rain. It has been coming down for hours. Now something is changing. The rain sounds harder and louder, and there is water running down the road, which looks like a small river. What is happening? You are hearing and seeing the start of a flood.	4-8 years	Prepare

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<i>Freddy the Frogcaster</i>	Janice Dean	Freddy the Frogcaster loves learning about the weather, and he's known for having the best predictions in town. But what happens when the town picnic is almost ruined by a storm that catches the local frogcaster by surprise? Freddy has to step in to save the day!	4-8 years	Understand
<i>Freddy the Frogcaster and the Big Blizzard</i>	Janice Dean	It's up to Freddy the Frogcaster to spread the news and get everyone prepared for the snow storm.	4-8 years	Understand
<i>Freddy the Frogcaster and the Flash Flood</i>	Janice Dean	Freddy the Frogcaster and his friends are hoping for rain. Their town is dry and plants and trees are brown because of a terrible drought. Freddy gets excited as he sees a storm coming that could bring water. He leaps into action to warn everyone to "be prepared!"	4-8 years	Understand
<i>Freddy the Frogcaster and the Huge Hurricane</i>	Janice Dean	Freddy the Frogcaster is tracking the weather when he realizes a huge hurricane is coming. Can the town prepare for the storm in time?	4-8 years	Understand
<i>Freddy the Frogcaster and the Terrible Tornado</i>	Janice Dean	Freddy the Frogcaster is faced with one of the most ferocious and devastating kinds of weather: the tornado.	4-8 years	Understand
<i>Jenny is Scared: When Sad Things Happen in the World</i>	Carol Shuman	Mom and Dad are watching a man on TV who is talking about the bad thing. Jenny and her brother Sam are scared! Jenny and Sam want to know what's going on and how not to be so scared, and Mom and Dad can help. With honest sensitivity, this book explores children's fears, and reactions surrounding terrorism, war, and other violent events. A Note to Parents by the author explains how young children respond to violence and tragedy, provides concrete suggestions for helping them feel more safe, and offers families ideas for making the world a better place.	4-8 years	Cope
<i>Magic School Bus Presents: Wild Weather</i>	Sean Callery	A photographic nonfiction companion to the original bestselling title, <i>The Magic School Bus Inside a Hurricane</i> .	4-8 years	Understand
<i>Miss Mingo and the Fire Drill</i>	Jamie Harper	Stop! Drop! Roll! Learning the rules of fire safety is a lot more fun (and less scary) when demonstrated by a charming and diverse group of animals. Alligator, Panda, Octopus, and the others work hard to master the rules of fire safety and perform the perfect fire drill, but thinking about fire is a bit nerve-wracking, and each of them reacts differently — often with hilarious results.	4-8 years	Prepare
<i>The Worrying Worries</i>	Rachel Rooney	Everyone has had a worry at some point. Worries can be awful pests, and they hate to see you happy. They can follow you to the library, the park, and back home. They might whisper mean things to you, cause stomachaches, or keep you up at night. But you don't have to keep your worries. In upbeat rhymes and engaging illustrations, this book shares some simple exercises children can practice to stay calm and banish those pesky worries for good.	4-8 years	Cope
<i>Volcanoes</i>	Gail Gibbons	Rumbling, hissing, shaking. . . a volcano is about to erupt! Learn all about volcanoes, from tectonic plates to what do when there is a volcanic warninFully vetted by a working volcanologist, this book is perfect for earth science lovers and aspiring volcanologists.	4-8 years	Understand, Prepare
<i>A Fire Drill with Mr. Dill</i>	Susan Blackaby	When Mr. Dill, the fire chief, comes to school to talk about fire safety, something unexpected happens.	4-9 years	Prepare
<i>A Party for Clouds: Thunderstorms</i>	Belinda Jensen	Boom! A crash of thunder follows a flash of lightning. Bel the Weather Girl and Dylan are having a slumber party, but now he's hiding under the covers! Bel tells Dylan that thunderstorms aren't so scary once you understand them. Will Dylan's fear of the storm rain on their sleepover? Stay tuned, because every day is another weather day!	4-9 years	Understand
<i>The Sky Stirs Up Trouble: Tornadoes</i>	Belinda Jensen	Tornado siren! Bel the Weather Girl and Dylan head to the basement. Dylan is scared the house will blow away! But soon the storm passes. Some storms make tornadoes, and some don't. Bel says she can explain why—in the kitchen. What does baking have to do with tornadoes? Stay tuned, because every day is another weather day!	4-9 years	Understand

100+ Children's Books to Support Emergency Preparedness, Response, and Recovery



Title	Author	Description/Summary	Recommended age range	Reading to...
<i>The Ant Hill Disaster</i>	Julia Cook	After the Ant Hill School is destroyed, a little boy ant is afraid to go back to school. His mom explains to him that sometimes things happen in life over which we have no control, but we have to find a way to keep living and growing. This book thoughtfully addresses fears associated with disasters. It models effective parenting and teaching responses.	5-12 years	Cope
<i>Dinofours: It's Fire Drill Day!</i>	Steve Metzger	Mrs. Dee, the preschool teacher, helps Albert overcome his fear of the loud noise during the fire drill by explaining that the sound of the fire bell keeps children safe. Includes fire safety tips.	5-6 years	Prepare
<i>Todd's Fire Drill</i>	Susan Blackaby	Todd makes a map for Fire Safety Week. It shows the escape routes his family needs to take in case their house catches fire. The map works well during a drill, but what happens when the smoke alarm beeps for real?	5-7 years	Prepare
<i>Arthur's Fire Drill</i>	Marc Brown	When D.W.'s teacher announces that they will have a fire drill, D.W. is afraid the school is going to burn down! So Arthur gives her his fire fighter's hat, a whistle, and a few tips on fire safety, and appoints her their home fire warden. She then sets off to school prepared to take charge.	5-8 years	Prepare
<i>I Wonder Why Volcanoes Blow Their Tops: and Other Questions about Natural</i>	Rosie Greenwood	Why are twisters so dangerous? What makes floods happen in a flash? What was the Dust Bowl? How big can waves get? Find out the answers to these and many more questions about volcanoes, tsunamis, earthquakes, and extreme weather.	5-8 years	Understand
<i>Let's Meet a Firefighter</i>	Gina Bellisario	Firefighter Jim works at the fire department. He shows a group of kids how he does his job. So many people help out in our communities! In these books, young students talk with different community helpers to find out what they do, what skills and training they need, and how their work benefits people in the community.	5-8 years	Prepare
<i>Let's Meet a Police Officer</i>	Gina Bellisario	Do you want to learn more about police cars? Police dogs? Other tools the police use? Officer Gabby is a police officer. She knows how to keep people safe. She shows a group of kids how she does her job.	5-8 years	Prepare
<i>National Geographic Kids Everything Weather</i>	Kathy Furgang	How does it all happen and how do we know what we do? All you need to know about weather will be found in thisbook. Kids will also learn about real-life encounters with wild weather throughout the book. Packed with fun facts and amazing photographs, this book gives kids an in-depth look at these amazing natural phenomena.	5-8 years	Understand
<i>Ready Set... Wait! What Animals Do Before a Hurricane</i>	Patti R. Zelch	Hurricane... just the word brings to mind the power of these natural disasters. This book explains how nine animals sense, react, and prepare for a hurricane.	5-8 years	Prepare
<i>Stop Drop and Roll (A Book about Fire Safety)</i>	Margery Cuyler	Jessica has always been a worrier, and learning about fire safety is making her more nervous than ever. But she is about to discover that knowing what to do in an emergency is the best (and only) way to extinguish her fire-safety fears!	5-8 years	Prepare
<i>A Terrible Thing Happened: A story for children who have witnessed violence or trauma</i>	Margaret M. Holmes	Sherman Smith saw the most terrible thing happen. At first he tried to forget about it, but soon something inside him started to bother him. Then he met Ms. Maple, who helped him talk about the terrible thing that he had tried to forget. Now Sherman is feeling much better. When their feelings are pushed underground in this manner, these children may begin to feel bad in ways they don't understand, and become angry as a result of feeling bad. Caring adults can make all the difference by helping children talk about and understand the experience. An afterword written for parents and other caregivers offers extensive suggestions for helping traumatized children.	5-9 years	Cope
<i>Wilma Jean the Worry Machine: A Picture Book About Worry and Anxiety</i>	Julia Cook	Everyone feels fear, worry and apprehension from time to time, but when these feelings prevent a person from doing what he/she wants and/or needs to do, anxiety becomes a disability. This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety. Includes a note to parents and educators with tips on dealing with an anxious child.	5-9 years	Cope

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<i>Healing Days: A Guide for Kids Who Have Experienced Trauma</i>	Susan Farber Straus PhD	A sensitive and reassuring story intended for children who have experienced trauma and covers the feelings, thoughts, and behaviors that many kids have after a bad and scary thing happens	6-11 years	Cope
<i>What to Do When the News Scares You</i>	Jacqueline B. Toner	Whether from television news reports, the car radio, digital media, or adult discussions, children are often bombarded with information about the world around them. When the events being described include violence, extreme weather events, a disease outbreak, or discussions of more dispersed threats such as climate change, children may become frightened and overwhelmed. Parents and caregivers can be prepared to help them understand and process the messages around them by using this book. It provides a way to help children put scary events into perspective. There are also ideas to help them calm down and cope.	6-12 years	Cope
<i>Flood</i>	Alvaro F. Villa	A beautiful wordless picture book about the effects of a flood on a family and their home.	6-8 years	Cope
<i>Wildfires</i>	Seymour Simon	A raging wildfire can be a major disaster, costing lives and destroying homes. But fires in nature can help as well as harm, clearing forests of dead trees and allowing young plants to grow.	6-8 years	Understand
<i>Jundy Moody & Stink: The Big Bad Blackout</i>	Megan McDonald	The whole Moody family hunkers down, ready to wait out a storm.	6-9 years	Prepare/Cope
<i>I'll Know What to Do, A Kid's Guide to Natural Disasters</i>	Bonnie S. Mark and Aviva Layton	Earthquakes! Floods! Fires! Tornados! Pretty scary words ... especially for anyone who lives in a place that has experienced any of these events. This book gives the facts about natural disasters of all kinds and provides important tips on prevention, safety, and what to do in case they strike. Perhaps most important, though, the book explores the feelings that often emerge in the aftermath and offers useful techniques to help young people work through them.	7-10 years	Prepare, Cope, and Understand
<i>Tsumanis and Other Natural Disasters</i>	Mary Pope Osborne	What causes tsunamis? Who studies earthquakes? How do volcanoes form? Find out the answers to these questions and more as Jack and Annie track the facts.	7-10 years	Understand
<i>What Should I Do? If There is a Fire?</i>	Wil Mara	Readers learn what to do if they are caught in a burning building, how to prepare for such events ahead of time, and how to react to firefighters.	7-10 years	Prepare
<i>The Rhino who Swallowed a Storm</i>	LaVar Burton & Susan Schaefer	A young mouse who once lost her home to a storm is frightened by severe weather; her father calms her fears with the tale of a rhino who was also displaced but learns "you're never really alone when bad things happen."	8-10 years	Cope
<i>A Flicker of Hope</i>	Julia Cook	A Picture Book About Depression and Asking for Help. Sometimes the dark clouds overhead seem too heavy and you feel like giving up. Little candle knows all about this. With so many hard things to deal with all she can see is darkness. But her story begins to change when someone notices she needs a boost of hope. This hopeful story emphasizes for children (and adults) the many different ways to ask for help, and their ability to be a hope builder for others, too.	8-12 years	Cope
<i>Extreme Weather: Surviving Tornadoes, Sandstorms, Hailstorms, Blizzards, Hurricanes, and</i>	Thomas M. Kostigen	Record heat. Record storms. Record drought, snow, rain, and ocean levels. In a world of crazy weather exacerbated by climate change, knowing about tornadoes, hurricanes, droughts, derachos, blizzards, and storms is more important than ever. This book, based on cutting-edge science and first-hand accounts, helps kids learn about what's going on and what to do about it.	8-12 years	Understand

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<i>Becoming a Superhero: A book for children who have experienced trauma</i>	Miri Bar-Halpern PsyD	This book provides young children specific coping skills that will build their sense of resiliency and reduce PTSD symptoms. It can be used both as prevention and intervention when working with children who have experienced a traumatic event. These components are based on cognitive and behavioral interventions. A separate chapter provides methods of adapting this book to the child's developmental level and alternative skill-building activities. Becoming A Superhero is an excellent way to open a discussion between the therapist, the parent, and the child.	Unknown	Cope
<i>Prepare with Pedro</i>	American Red Cross	Prepare with Pedro is a free youth preparedness program created by the American Red Cross. They offer a Disaster Preparedness Activity Book designed to teach young children and their families how to stay safe during disasters and emergencies through fun activities. The activity book is available for digital download in six different languages and available to order in English and Spanish for free from FEMA. https://www.ready.gov/kids/prepare-pedro	Unknown	Prepare
<i>Ready Wrigley</i>	CDC, Center for Preparedness and Response	Coping After A Disaster (Also available in Spanish) http://www.cdc.gov/phpr/readywrigley/	Unknown	Cope
<i>Ready Wrigley</i>	CDC, Center for Preparedness and Response	Ready Wrigley Prepares for Winter Weather; Tornadoes; Extreme Heat; Hurricanes; Earthquakes; Flu Season; Wildfires & Smoke (Also available in Spanish); Flooding and Mold (Also available in Spanish) http://www.cdc.gov/phpr/readywrigley/	Unknown	Prepare
<i>Trinka and Sam: The Big Fire</i>	The National Child Traumatic Stress Network	Trinka and Sam, two small mice, become scared and worried after they experience a severe fire and witness damage to their community. The story describes their reactions and shows how their parents help them to express their feelings and feel safer. (Available in multiple languages) A companion parent guide suggests ways that parents can use the story with their children. https://www.nctsn.org/resources/trinka-and-sam-big-fire	Unknown	Cope
<i>Trinka and Sam: The Day the Earth Shook</i>	The National Child Traumatic Stress Network	Trinka and Sam, two small mice, become scared and worried after they experience an earthquake and witness damage to their community. The story describes their reactions and shows how their parents help them to express their feelings and feel safer. (Available in multiple languages) A companion parent guide suggests ways that parents can use the story with their children. https://www.nctsn.org/resources/trinka-and-sam-day-earth-shook	Unknown	Cope
<i>Trinka and Sam: The Rainy Windy Day</i>	The National Child Traumatic Stress Network	Trinka and Sam, two small mice, become scared and worried after they experience a severe hurricane and witness damage to their community. Even after the hurricane has passed, the rain and wind remind them of what happened. The story describes their reactions and shows how their parents help them to express their feelings and feel safer. (Available in multiple languages) A companion parent guide suggests ways that parents can use the story with their children. https://www.nctsn.org/resources/trinka-and-sam-rainy-windy-day	Unknown	Cope
<i>Trinka and Sam: The Swirling Twirling Wind</i>	The National Child Traumatic Stress Network	Trinka and Sam, two small mice, become scared and worried after they experience a tornado and witness damage to their community. The story describes their reactions and shows how their parents help them to express their feelings and feel safer. (Available in multiple languages) A companion parent guide suggests ways that parents can use the story with their children. https://www.nctsn.org/resources/trinka-and-sam-and-swirling-twirling-wind	Unknown	Cope