



# The **US** and the **HIGH COST** of **CHILD CARE**

## **ACTION ITEMS**



The high cost of child care in the United States is an **economical and emotional burden for families everywhere in the United States**. But, you can help be a part of the solution. Here are some actions that you can take to help raise awareness and get Congress to invest in crucial child care funding structures.

- ☐ **Share *The US and the High Cost of Child Care* report on social media using #ChildCareandUs.** Share the impact of this issue on whichever platforms you use the most. Let your followers know about this national issue and ask them join you in making these simple actions.
- ☐ **Contact your local, state, and national lawmakers.** Ask them to make child care a priority by investing in systems, like CCR&Rs, that support working families and support provider outreach and retention.
- ☐ **Host a Facebook Live for your local parents.** Share relevant data from the report. Let families know that they are not alone in their struggle to pay for quality child care. Also, provide a list of resources and websites they may find helpful.
- ☐ **Host a webinar for your local providers and partners.** Share the report and call out the information relevant to your state. Brainstorm ways to draw attention to this issue in your community.
- ☐ **Take the Child Care Works pledge to receive digital action alerts.** Stay up-to-date on the latest news and advocacy tips for making child care more affordable, accessible and high-quality.
- ☐ **Add your own action items.** What else can you do to give Americans a fully funded, high-quality child care system?